

VERENA R. CIMAROLLI, Ph.D.

LeadingAge LTSS Center @UMass Boston
2519 Connecticut Avenue NW
Washington, DC 20008
Tel. (202) 508-9411
vcimarolli@LeadingAge.org

Education

- 1998 – 2002 **Ph.D., Applied Developmental Psychology**
Department of Psychology, Fordham University, Bronx, NY
Dissertation Title: *"The impact of perceived overprotection on adjustment to age-related vision loss"*; Mentors: Drs. Kathleen Schiaffino and Joann P. Reinhardt.
- 1996 – 1998 **M.A., Applied Developmental Psychology**
Department of Psychology, Fordham University, Bronx, NY
- 1992 – 1995 **B.A., Major in Psychology (Magna cum Laude)**
City College, City University of New York, NY

Professional Research Positions

- 2021 – present **Director of Health Services Research and Partnerships**
LTSS Center @UMass Boston
LeadingAge, Washington, DC
- 2018 – 2021 **Senior Health Services Research Associate**
LTSS Center @UMass Boston
LeadingAge, Washington, DC
- 2010 – 2018 **Senior Research Scientist**
Research Institute on Aging,
The New Jewish Home, New York, NY
- 2006 - 2010 **Director of Evaluation Research**
Arlene R. Gordon Research Institute
Lighthouse International, New York, NY
- 2001- 2006 **Research Associate for Evaluation**
Arlene R. Gordon Research Institute
Lighthouse International, New York, NY

1999 - 2001 **Research Coordinator**
Arlene R. Gordon Research Institute
Lighthouse International, New York, NY

1997 -1999 **Senior Research Assistant**
Arlene R. Gordon Research Institute
Lighthouse International, New York, NY

Peer-Reviewed Publications

Bryant, N. S., **Cimarolli, V. R.**, Falzarano, F., & Stone, R. (in press). Organizational factors associated with certified nursing assistants' job satisfaction during COVID-19. *Journal of Applied Gerontology*.

Falzarano, F. B., **Cimarolli, V.**, & Siedlecki, K. L. (2022). Staying in the loop: Quality of family-paid caregiver communication and influences on resident mental health in long-term care. *Journal of the American Geriatrics Society*.

Cimarolli, V. R., Bryant, N. S., Falzarano, F., & Stone, R. (2022). Factors associated with nursing home direct care professionals' turnover intent during the COVID-19 pandemic. *Geriatric Nursing, 48*, 32-36.

Minahan Zuchetto, J., **Cimarolli, V.**, Falzarano, F., Wylie, M., & Horowitz, A. (2021). Long-Distance Caregivers' Use of Supportive Services. *Journal of Gerontological Social Work*, 1-17.

Cimarolli, V. R., Bryant, N. S., Falzarano, F., & Stone, R. (2021). Job Resignation in Nursing Homes During the COVID-19 Pandemic: The Role of Quality of Employer Communication. *Journal of Applied Gerontology, 41*(1), 12-21.

Falzarano, F., **Cimarolli, V.**, Boerner, K., Siedlecki, K., & Horowitz, A. (2021). Use of Home Care Services Reduces Care-Related Strain in Long-Distance Caregivers. *The Gerontologist*.

Gendron, T., **Cimarolli, V. R.**, Inker, J., Rhodes, A., Hennessy, A., & Stone, R. (2021). The efficacy of a video-based intervention to reduce ageism among long-term services and supports staff. *Gerontology & Geriatrics Education*, 1-15.

Tsui, E., Franzosa, E., Reckrey, J., LaMonica, M., **Cimarolli, V.R.**, & Boerner, K. (2021) Home Care Agency Leaders' Perspectives on Client Death as a Workforce Issue. *Journal of Applied Gerontology*. Advance online publication.

Cimarolli, V. R., Burack, O., Minahan, J. M., Falzarano, F., Reinhardt, J. P., & Shi, X. (2020). A Substance Misuse Intervention Program in Post-Acute Care: Who Declines Participation? *The American Journal of Geriatric Psychiatry, 29*(1), 15-23.

- Cimarolli, V.R.,** Burack, O., Minahan, J., Hennesa, A., Stone, R., & Shi, X. (2020). Participation in a Substance Misuse Intervention in Post-Acute Care is Associated with More Optimal Rehabilitation Outcomes. *The Gerontologist*.
- Reinhardt, J. P., Burack, O. R., **Cimarolli, V. R.,** & Weiner, A. S. (2020). Dementia-Focused Person-Directed Care Training With Direct Care Workers in Nursing Homes: Effect on Symptom Reduction. *Journal of Gerontological Nursing, 46*(8), 7-11.
- Falzarano, F., **Cimarolli, V.R.,** Minahan, J., & Horowitz, A. (2020). Long-Distance Caregivers: What Are Their Experiences with Formal Care Providers? *Clinical Gerontologist, 1-12*.
- Cimarolli, V.R.,** Falzarano, F., & Hicks, S. A. (2019). Predictors of Rehospitalization in Post-Acute Rehabilitation among different Ethnic Groups. *Journal of the American Medical Directors Association, 21*(4), 513–518.
- Reinhardt, J.P., **Cimarolli, V.R.,** Burack, O., Marshall, T.L., Weiner, A. & Minahan, J. (2019). The Small House Model of Long-Term Care: Association with Elder Functioning. *Journal of the American Medical Directors Association, 20*(2), 222-223.
- Cimarolli, V. R.,** Jopp, D. S., Boerner, K., & Minahan, J. (2018). Depressive symptoms in the oldest-old: The role of sensory impairments. *Archives of Gerontology and Geriatrics, 78*, 249-254.
- Cimarolli, V. R.,** Burack, O., Poole-Dayana, G., Liu, I., Samaroo, S. P., & Bondy, M. (2018). An evaluation of a Geriatric Substance Abuse Recovery Program in post-acute care of a skilled nursing facility. *Educational Gerontology, 44*(1), 28-39.
- Cimarolli, V.R.,** Reinhardt, J.P., Minahan, J., Burack, O., Channing, T., & Melly, R. (2017). Use of an Exercise Technology in Post-Acute Care of a Skilled Nursing Facility: A Feasibility Study. *Journal of the American Medical Directors Association, 18*(11), 991-e1.
- Cimarolli, V. R.,** Boerner, K., Reinhardt, J.P., Horowitz, A., Wahl, H-W., Schilling, O., & Brennan-Ing, M. (2017). A population study of correlates of social participation in older adults with age-related vision loss. *Clinical Rehabilitation, 31*(1), 115-125.
- Chun, A., Reinhardt, J. P., Ramirez, M., Ellis, J. M., Silver, S., Burack, O., Eimicke, J., **Cimarolli, V.R.,** & Teresi, J. A. (2017). Depression recognition and capacity for self-report among ethnically diverse nursing homes residents: Evidence of disparities in screening. Advance online publication. *Journal of Clinical Nursing*.
- Reinhardt, J. P., Downes, D., **Cimarolli, V.R.,** & Bomba, P. (2017). End-of-Life Conversations and Hospice Placement: Association with Less Aggressive Care Desired in the Nursing Home. *Journal of Social Work in End-of-Life & Palliative Care, 13*(1), 61-81.

Hicks, S. A., & **Cimarolli, V. R.** (2016). The effects of telehealth use for post-acute rehabilitation patient outcomes. *Journal of telemedicine and telecare*, 1357633X16686771.

Cimarolli, V. R., & Jung, S. (2016). Intensity of Occupational Therapy Utilization in Nursing Home Residents: The Role of Sensory Impairments. *Journal of the American Medical Directors Association*, 17(10), 939-942.

Jopp, D. S., & Boerner, K. **Cimarolli, V.R.**, Hicks, S. et al. (2016). Challenges experienced at age 100: Findings from the Fordham Centenarian Study. *Special Issue: International Centenarian Research; Journal of Aging and Social Policy*, 28(3), 187-207.

Schilling, O. K., Wahl, H.-W., Boerner, K., Horowitz, A., Reinhardt, J. P., **Cimarolli, V. R.**, Brennan-Ing, M., & Heckhausen, J. (2016). Developmental Regulation with Progressive Vision Loss: Use of Control Strategies and Affective Well-Being. *Developmental Psychology*, 52(4), 679 – 694.

Cimarolli, V. R., Casten, R. J., Rovner, B. W., Heyl, V., Sörensen, S., & Horowitz, A. (2016). Anxiety and depression in patients with advanced macular degeneration: current perspectives. *Clinical Ophthalmology (Auckland, NZ)*, 10, 55 -63.

Jung, S., & **Cimarolli, V.R.** (2015). Personal and health-related factors associated with recreational activity preferences among nursing home residents. *Journal of Nursing Home Research Science*, 1, 66-72.

Reinhardt, J.P., Horowitz, A., **Cimarolli, V.R.**, Eimecke, J. & Teresi, J.A. (2014). Addressing depression in a long-term care setting: A Phase II Pilot of Problem Solving Treatment. *Clinical Therapeutics*. Nov 1; 36 (11):1531-7.

Cimarolli, V. R., & Jopp, D.S. (2014). Sensory impairments and their associations with functional disability in a sample of the oldest-old. *Quality of Life Research*, 23(7):1977-84.

Cimarolli, V. R., Boerner, K., Reinhardt, J. P., & Horowitz A. (2013). Perceived overprotection, instrumental support and rehabilitation use in elders with vision loss: A longitudinal perspective. *Psychology & Health*, 28(4), 369-83.

Cimarolli, V.R., Boerner, K., Brennan, M., Reinhardt, J.R., & Horowitz, A. (2012). Challenges faced by older adults with vision loss: A qualitative study with implications for rehabilitation. *Clinical Rehabilitation*, 26, 748-757.

Cimarolli, V.R., Morse, A.R., Horowitz, A., & Reinhardt, J.R. (2012). The impact of vision impairment on intensity of occupational therapy utilization and outcomes in sub-acute rehabilitation. *American Journal of Occupational Therapy*, 66, 215-223.

Cimarolli, V. R., Laban-Baker, A., Hamilton, W.R., & Stuen, C. (2012). Awareness, knowledge, and concern about Age-related Macular Degeneration (AMD) in the United States. *Educational Gerontology*, 38, 530-538.

Cimarolli, V. R. (2009). Sensory Impairments. In D. S. Carr (Ed.), *Encyclopedia of the Life Course and Human Development* (3rd Vol., pp. 358-362). Farmington Hills, MI: Gale.

Seidman, K.; Sussman-Skalka, C., & **Cimarolli, V.R.** (2008). VRA Net: Results of a Three-Year Project Testing an Online Solution to Personnel Shortages. Proceedings Vision 2008. Montreal, Canada.

Cimarolli, V. R. (2006). Perceived overprotection and distress in adults with vision impairment. *Rehabilitation Psychology*, 51, 338-345.

Cimarolli, V. R., & Wang, S., (2006). Social support differences among employed and unemployed adults who are visually impaired. *Journal of Visual Impairment and Blindness*, 100, 545-556.

Cimarolli, V. R., Boerner, K., & Wang, S., (2006). Life goals in vision rehabilitation: Are they addressed and how? *Journal of Visual Impairment and Blindness*, 100, 343-352.

Cimarolli, V. R., Stuen, C., & Sussman-Skalka, C. J. (2006). Promoting a message on vision loss to diverse groups of adults. *Journal of Visual Impairment and Blindness*, 100, 235-239.

Boerner, K., Wang, S., & **Cimarolli, V.R.** (2006). The impact of functional loss: Nature and implications of life changes. *Journal of Loss and Trauma*, 11, 265-287.

Cimarolli, V. R., Reinhardt, J. P., & Horowitz, A. (2006). Perceived overprotection: Support gone bad? *Journal of Gerontology: Social Sciences*, 61: S18-S23.

Sussman-Skalka, C. J., **Cimarolli, V. R.**, & Stuen, C. (2006). The role of organizations in reaching older adults about vision loss, *Educational Gerontology*, 32, 297-306.

Cimarolli, V. R., & Boerner, K. (2005). Social Support and well-being in adults who are visually impaired. *Journal of Visual Impairment and Blindness*, 99, 521-534.

Boerner, K. & **Cimarolli, V. R.** (2005). Optimizing rehabilitation for adults with vision impairment: Attention to life goals and their links to well-being. *Clinical Rehabilitation*, 19, 790-798.

Cimarolli, V.R., Sussman-Skalka, C. J., & Goodman, C.R. (2004). "Program for Partners": Support groups for partners of adults with visual impairments. *Journal of Visual Impairment and Blindness*, 98, 90-98.

Cimarolli, V. R. (2002). The impact of perceived overprotection on adjustment to age-related vision loss (Doctoral dissertation, Fordham University, 2002). Dissertation Abstracts International, 62, (12-B), 5994.

Brennan, M., Horowitz, A., Reinhardt, J. P., **Cimarolli, V.**, Benn, D. T., & Leonard, R. L. (2001). In their own words: Strategies developed by visually impaired elders to cope with vision loss. *Journal of Gerontological Social Work*, 35, 63-85.

Silverstein, B., Clauson, J., Perdue, L., Carpman, S., & **Cimarolli, V.** (1998). The association between female college student's reports of depression and their perceptions of parental attitudes regarding gender. *Journal of Applied Social Psychology*, 28 (6), 537-549.

Silverstein, B., Caceres, J., Perdue, L., & **Cimarolli, V.** (1995). Gender differences in depressive symptomatology: The role played by anxious somatic depression associated with gender-related achievement concerns. *Sex Roles*, 33 (9-10), 621-636.

Selected Conference Presentations

Cimarolli, V., Bryant, N., Stone, R., & Falzarano, F. (2021). Job Resignation in Nursing Homes During COVID-19: The Role of Employer Communication and Worker Preparedness. In **V. Cimarolli** & J. Reinhardt (Co-Chairs), "Nursing Homes and COVID-19: Staff Experiences." Presented at the Annual Conference of the Gerontological Society of America, Virtual Meeting, November 2020.

Moss, K., **Cimarolli, V.**, & Rose, K. (2021). Disrupting the Status Quo: The New Normal of Family Caregivers' Service Use. Symposium presented at the Annual Conference of the Gerontological Society of America, Virtual Meeting, November 2021.

Bareham, B., **Cimarolli, V.**, & Kuerbis, A. (2021). Older Adult Substance Use, Support, Health, and Well-Being: Understanding a Complex Picture. Symposium presented at the Annual Conference of the Gerontological Society of America, Virtual Meeting, November 2021.

Falzarano, F., **Cimarolli, V.**, Boerner, K., Horowitz, A., & Siedlecki, K. (2020). Use of Home Care Services Reduces Caregiving-Related Strain in Long-Distance Caregivers. In J. Reckrey (Chair), "Caregiving together: The relationship between paid and family caregivers in the home." Presented at the Annual Conference of the Gerontological Society of America, Virtual Meeting, November 2020.

Cimarolli, V. R., Horowitz, A., Jimenez, D., Shi, X., Falzarano, F., & Minahan, J. (2019). The Sociocultural Stress Process Model Applied To Long-Distance Caregiving. In A. Horowitz & **V.R. Cimarolli** (Co-Chairs), "Long-Distance Caregiving: Mental Health Consequences

and Use of Resources.” Presented at the Annual Conference of the Gerontological Society of America, Austin, TX, November 2019.

Cimarolli, V.R., Horowitz, A., Hicks, S., Minahan, J., Falzarano, F. & Jimenez, D. Stressors and Consequences of Long-Distance Caregiving: Sub-group Comparisons. In A. Horowitz & **V.R. Cimarolli** (Co-Chairs), “Long Distance Caregiving: Unique Challenges and Service Needs”. Presented at the Annual Conference of the Gerontological Society of America, Boston, MA, November 2018.

Reinhardt, J.P., **Cimarolli, V.R.**, Burack, O., Marshall, T.L., Weiner, A, & Minahan, J. Person Directed Care: A Comparison of the Small House and Traditional Nursing Home Model. In J.P. Reinhardt (Chair). Facilitating Person Directed Care for Persons with Dementia Across Care Settings and Disciplines. Annual Conference of the Gerontological Society of America, Boston, MA, November 2018.

Burack, O.R., **Cimarolli, V.R.**, Poole-Dayana, G., Samaroo, S., Bondy, M., Liu, I. *The Geriatric Substance Abuse Recovery Program (GSARP): Solutions in post-acute rehabilitation*. International Association of Geriatrics and Gerontology World Congress, San Francisco, CA, July, 2017.

Cimarolli, V.R., Reinhardt, J.P., & Burack, O. *Addressing Vision Impairment in a Geriatric Rehabilitation Setting*. In P. Verstraten & V. Heyl (Co-Chairs), “Research-based interventions to reduce the psychosocial impact of vision loss in old age”. Vision 2017, The 12th International Conference by the International Society for Low Vision Research and Rehabilitation, The Hague, Netherlands, June, 2017.

Cimarolli, V.R. & Minahan, J. *Cognitive Decline: The Role of Sensory Impairments*. In **V.R. Cimarolli** & R. Casten (Chairs), “The Effects of Sensory Impairments for Health in Old Age”. Annual Conference of the Gerontological Society of America, New Orleans, LA, November, 2016.

Falzarano, F., **Cimarolli, V.R.**, & Hicks, S. *Post-Acute Rehabilitation Care: Who Goes Home?* Poster presented at the Annual Conference of the Gerontological Society of America, New Orleans, LA, November, 2016.

Hicks, S. **Cimarolli, V.R.**, & Falzarano, F., *Post-Acute Rehabilitation Care: Who Goes Home Functioning Better?* Poster presented at the Annual Conference of the Gerontological Society of America, New Orleans, LA, November, 2016.

Reinhardt, J.P., Downes, D., **Cimarolli, V.**, & Van Riesenbeck, I. *End-of-Life (EOL) Care Indicators and Treatment Preferences in the Nursing Home*. In C. Berkman & K. Hirschman (Chairs), Palliative and EOL Care Interest Group Symposium. Presented at the Annual Conference of the Gerontological Society of America, Orlando, FL, November, 2015.

Grant Support (Awarded) [*lead in collaborative grant writing]

Principal Investigator, "Development of an Intervention for Long Distance Caregivers," National Institute on Aging, 2021-2023 (\$385,000; Kathrin Boerner, PhD, Co-Investigator)

Principal Investigator, "The Impact of Covid-19 in the Nursing Home", Donaghue Foundation, 2020 -2022 (\$120,000)

Principal Investigator, "COVID-19 in Nursing Homes: Who is leaving the Job?" Aging in America, Inc., 2020 -2021 (\$50,000)

Co-Investigator, "Communication among Family and Formal Caregivers", Donaghue Foundation, 2020 -2022 (\$86,300)

Lead Evaluator "Evaluation of Wellspring's Geriatric Substance Misuse Recovery Program", Michigan Health Endowment Fund, 2020 -2021 (\$150,000)

Principal Investigator, "Evaluation of a Geriatric Substance Abuse Recovery Program in Post-Acute Care of a Large Skilled Nursing Facility", Donaghue Foundation, 2018 -2020 (\$65,780)

Co-Investigator, "Long Distance Caregiving: Unique Challenges and Service Needs", National Institute on Aging, 2016-2018 (\$430,000; Amy Horowitz, PhD, PI; Kathrin Boerner, PhD, Co-Investigator)

Lead Evaluator*, "A Comprehensive Evaluation of a Geriatric Substance Abuse Recovery Program", New York Community Trust, 2015 – 2017 (\$120,000)

Lead Evaluator*, "Improving the Quality and Efficiency of Care: Evaluating Telehealth Roles for Home Care Workers in New York City", United Hospital Fund, 2014 – 2015 (\$70,000)

Principal Investigator, "Addressing Vision Loss in Post-acute Rehabilitation", Trustee Gift, 2013 -2015 (\$50,000)

Lead Evaluator*, "Geriatric Home-based Low Vision Partnership Program", The Fan Fox & Leslie R. Samuels Foundation, 2007-2009, (\$200,000)

Principal Investigator, "Depressed Caregivers: A Psychosocial Intervention",

Trustee Gift, 2005 – 2006 (\$50,000)

Co-Investigator, “Life Goals, Disability, and Rehabilitation”,
Trustee Gift, 2005 – 2006 (\$50,000; Kathrin Boerner, PhD, PI)

Lead Evaluator*, “VRA-NET: Developing a Network of Trained Paraprofessionals to
Address Personnel Shortages in Vision Rehabilitation”,
National Institute for Disability Rehabilitation Research (NIDRR), 2005 – 2008 (\$450,000)

Co-Investigator, “Creating an Evidence Base for Vision Rehabilitation”,
Agency for Healthcare Research Quality (AHRQ), 2004 – 2007 (\$1,442,113)

Evaluation Associate, “Access for Elders”, New York Community Trust, Cole Foundation,
and Lavelle Fund for the Blind, 2004 – 2007 (\$400,000)

Principal Investigator, “Disability, Perceived Overprotection, and Mental Health”, National
Institute of Mental Health (NIMH), 2004 - 2005 (\$63,000)

Evaluation Associate, “Vision Loss is Not A Normal Part of Aging-Open Your Eyes to the
Facts!,” AARP/Andrus Foundation, 2001 – 2003 (\$450,000)

Teaching and Mentoring Experience

2016 – 2018	Adjunct Professor – Graduate School of Social Work, Fordham University, NY, NY; Courses: “Research I & II for Social Workers”
2015 – 2018	Adjunct Professor - Psychology Department, Fordham University, Bronx, NY; Course: “Aging and Society”
1995 – 1996	Undergraduate Teaching Assistant - City College of the City University, NY, NY
2006 – present	Mentoring of Masters theses - Graduate School of Social Work, Fordham University, NY, NY
2001 – present	Supervision of research practicum (Fordham MSW & PhD students)
2006 – present	Supervision of junior level PhD research staff members
2010 – present	Regular lectures at research rounds (Jewish Home Lifecare)
2001 – present	Educational sessions for health care staff (Jewish Home Lifecare & Lighthouse International; Consortium of NY Geriatric Education Centers)

Ongoing Collaborations

Dr. Kathrin Boerner, University of Massachusetts, Boston, MA

Dr. Francesca Falzarano, Weill Cornell Medicine, New York, NY
Dr. Amy Horowitz, Fordham University, New York, NY
Dr. Daniela Jopp, Lausanne University, Switzerland

Professional Membership and Reviewer Service

American Psychological Association
Gerontological Society of America

Ad Hoc Reviewer for:

Clinical Rehabilitation, Rehabilitation Psychology, Journals of Gerontology, Expert Review in Ophthalmology, Marriage and Family Review, Disability and Rehabilitation, Journal of Social Relationships, Journal of Visual Impairment and Blindness, Contemporary Clinical Trials, Quality of Life Research, Occupational Therapy International, Current Eye Research, Research on Aging, The Gerontologist.

Abstracts for annual scientific meetings of The Gerontological Society of America

Honors

1993	Dean's List, City College of the City University, New York, NY
1994	Psi Chi, Psychology Student Honor Society
1994	Graduation – magna cum laude City College of the City University, New York, NY
1995	Phi Beta Kappa, City College of the City University, New York, NY
1997-1999	Graduate Assistantships and Presidential Scholarship Fordham University, Bronx, NY
2017	Fellow, Gerontological Society of America